

## INVITATION

### KADONO & SUZUKI SENSEI SEMINAR FOR HIGHER DAN GRADES (3<sup>RD</sup> DAN AND UP) IN HELSINKI, 22.-24.8.2014



Ki-Ken-Tai-Icchi Kendo Club is very proud to welcome two senseis from Iwatate Saburo sensei's Shofukan dojo in Chiba to Helsinki in late August:

Kadono Masato, 8th dan and  
Suzuki Noriko, 7th dan

The senseis will lead a kendo seminar during the weekend from August 22nd to 24th. The seminar is intended for advanced kendoka with at least 3<sup>rd</sup> dan or above. **If you have 2<sup>nd</sup> dan and you are preparing to go to a 3<sup>rd</sup> dan grading in the near future, you are also eligible for participation.**

This seminar is especially targeted to those, who want to be part of the(ir) national team at the Tokyo World Championships 2015.

## LOCATION

The seminar will be arranged at  
Viikin Normaalikoulu  
(Helsinki University's Viikki teacher training school), Kevätkatu 2, 00790 Helsinki.

Friday welcome keiko will be held in Liikuntamyly in Myllypuro, Myllypurontie 1, 00920 Helsinki.

## SCHEDULE

### Friday 22.8.

18:00-20:00 Practice & Welcome keiko at Liikuntamyly  
20:45 Dinner with the senseis at Ravintola Puisto, Pohjolankatu 38, 00600 Helsinki (next to Park Hotel Käpylä)

Note: Friday welcome keiko is open also to those under 3<sup>rd</sup> dan.

### Saturday 23.8.

9:00-11:00 Practice  
11:00-12:30 Lunch  
13:00-15:00 Practice  
15:00-15:30 Break  
15:30-16:30 Ji-geiko  
18:00-22:00 Evening program and dinner

### Sunday 24.8.

9:00-11:30 Practice  
11:30-12:30 Lunch  
13:00-14:30 Practice and ji-geiko

## **ACCOMMODATION**

Due to the size of the seminar, we do not have dojo accommodation available. You can reserve your accommodation personally. We recommend the following:

### **Cheap Sleep Hostel Helsinki**

Sturenkatu 27 B, 00510 Helsinki  
<http://www.cheapsleep.fi/fi/>  
Prices start from 20 euros/night

### **Forenom Apartment hotels**

Located all around Helsinki (there is a search engine on their home page)  
Prices vary depending on the apartment, starting from approx. 200 euros/apartment for the weekend  
(Make your reservation online for better prices)  
<http://forenom.fi/>

Homestay is also a possibility for economy travellers, so if you are in need of this option, please contact the organizers.

## **SEMINAR FEE**

Whole seminar: 80 euros  
Individual day: 40 euros

The seminar fee includes practices, sauna and light snacks/beverages on Saturday evening.

For Finnish participants: You can pay the entire seminar fee with Liikuntaseteli (Smartum) or Virikeseteli (Edenred, former Luottokunta). Unfortunately, we cannot accept Ticket Mind&Body by Edenred. Smartum Liikuntasaldo is ok, if you pay at Smartum's own web shop.

Please pay the seminar fee to KKTII's account by August 20<sup>th</sup> (payment has to be visible on KKTII's account). See further information below. Foreign participants may pay their fee upon their arrival in cash.

## **SATURDAY EVENING PROGRAM**

You are welcome to spend Saturday evening at the house of Mikko Salonen & Susanna Porevuo. The sauna will be warm and you have the opportunity to do BBQ (if weather permits). Please bring your own BBQ food. There will be some refreshments and light snacks on the house.

You also have time to grab a bite after the last keiko before you come to Mikko and

Susanna's house.

Address:  
Käätypolku 8 B  
00950 Helsinki

If you come with public transport, you can get there from Itäkeskus metro station with the bus nro 95. Ask the organizers for help at the seminar.

## REGISTRATION

Registration is open right away and stays open until Wednesday, August 20th. Please send your registration via email to [ilmoittautuminen.kkti@gmail.com](mailto:ilmoittautuminen.kkti@gmail.com) and include the following information:

- Name
- Club's name (and country if from outside Finland)
- Dan grade
- Age
- Contact information
- Do you need home stay?



## PAYMENTS

Please pay the seminar fee with the following information:

Account number  
IBAN: FI51 2063 1800 0234 24  
BIC: NORDEAFIHH

Account owner:  
Ki-Ken-Tai-Icchi ry.

Reference number:  
8301015

Amount:  
80 euros/ 40 euros

Due date:  
20.8.2014 (payment has to be visible on KKTi's account by then)

Welcome to Helsinki in August!

## **FURTHER INQUIRIES AND INFORMATION**

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